



Totnes Sub-Aqua Club

“Come & Try It”

The process of learning to dive begins with a “Try a Dive” taster (based on the BSAC Introduction to Diving Course) where you can see and experience the sport and then decide whether you like it enough to make a commitment to progress to a full programme of diver training as a member of the Totnes Branch of the British Sub-Aqua Club.

Sub-Aqua diving is a sport which requires general physical fitness and good health.

Anyone with a medical history of diabetes, blackouts (epilepsy, etc), perforated eardrums, high blood pressure or heart disease, any lung or respiratory disorder, or dependance on drugs, should not contemplate taking up this sport without first discussing their suitability to do so with a specialist Diving Medical Referee.

The “Try a Dive” programme is available on the understanding that persons taking part:

1. Are capable of swimming 100 metres freestyle without the use of bouyancy aids.
2. Consider themselves medically fit and do not suffer from any of the disqualifying conditions mentioned above.
3. Will, in the interests of safety, comply with all instructions given to them by members of the Branch or their Instructor.
4. There is no lower age limit to participate in the “Try a Dive” programme, but the Branch reserves the right to impose a limit of minimum age or stature, as it considers appropriate. (*Participation in this Course by young people does not signify any entitlement to undertake a full programme of BSAC Club Diver training, for which the minimum age remains 14 years*).

Every precaution will be taken for the safety of persons taking the course and the Branch organisers or individually appointed instructors reserve the right to terminate the instruction of any person should there be any reason to doubt their fitness or ability or suitability to take part in the sport.

Name of Applicant (*please print*).....

Address.....

.....Postcode.....

Telephone No.....Date of birth.....

I certify that I comply/will comply with terms 1-4 above.

Signature of Applicant.....Date.....

Signature of Parent/Guardian.....
(if Applicant is under 18)

Comments for TSAC use:

Try Dive Date: